

TOBACCO DEPENDENCY TREATMENT SERVICE PROCESS - NSECH

ASK

Ask all patients their smoking status as part of the admission Nursing Assessment and recorded on NerveCentre.

ADVISE

Offer brief advice:
The most effective way to quit smoking is with a combination of NRT and specialist support.



Offer NRT within 2 hours of admission to the ward to ease Nicotine withdrawal symptoms whilst in hospital.

ACT

- Provide NRT (prescribed via Trust pharmacy protocol)
- See flowchart for how to access NRT protocol on Emeds
- Can be accessed by qualified nurse, pharmacist, pharmacy technician, doctor.
- There are no exclusion criteria

TOBACCO DEPENDENCY TREATMENT SERVICE

All smokers will be visited by a TDA within 24 hours (patients identified via Nervecentre).

Tobacco Dependency Advisor will:

- Complete and document Nervecentre TDTI assessment
- Ensure patient is confident with NRT use
- Offer enhanced VBA to support quit attempt
- Complete onwards referral to community stop smoking teams
- Contact patient 7 days from initial assessment to check quit status and offer support.
- Contact patient 4 weeks from initial assessment to check quit status and engagement with community services

SMOKEFREE